



**WDPI &
PREMUS 2023**
BENGALURU, INDIA | SEPTEMBER 20-26

**recoup
HEALTH**
CONFERENCE HOST & SPONSOR



11th PREMUS, 6th WDPI, & 11th MYOPAIN International Scientific Conference

on Prevention of Work-Related Musculoskeletal Disorders, Work
Disability Prevention and Integration, and Myofascial Pain
Syndrome & Fibromyalgia Syndrome



ABOUT PREMUS, WDPI, & MYOPAIN 2023

Intending to transform healthcare with all the ground breaking innovations in the Prevention of MSDs and Disability Prevention and Integration, the PREMUS, WDPI, & MYOPAIN 2023 Conference is your only forum for exploring future research collaborations with over 500 global experts.

PREMUS and WDPI are the international conferences of the Musculoskeletal Disorders (MSD) and Work Disability Prevention and Integration (WDPI) Scientific Committees of the International Commission on Occupational Health. MYOPAIN is the World Conference of the International Myopain Society.

MAIN OBJECTIVES

- 1** To promote and disseminate research into state-of-the-art interventions aimed at the prevention of musculoskeletal disorders at work
- 2** To foster cross-disciplinary, trans-disciplinary and transliteration research into the etiology and prevention of work-related MSDs
- 3** To provide an international platform for the exchange of knowledge and expertise in musculoskeletal research and practice related to occupational MSD prevention
- 4** To provide a forum for exploring future research collaborations to address gaps in knowledge about work-related MSDs

PROGRAMME SCHEDULE

SEP 20

Wednesday

PRE-CONFERENCE WORKSHOPS

SEP 21

Thursday

PRE-CONFERENCE WORKSHOPS

Opening Ceremony and Welcome Reception

SEP 22

Friday

MAIN CONFERENCE

- 2 Keynote speech,
- 15 parallel oral sessions/symposia/workshops,
- 2 poster sessions

SEP 23

Saturday

MAIN CONFERENCE

- 2 Keynote speech,
- 15 parallel oral sessions/symposia/workshops,
- 2 poster sessions

SEP 24

Sunday

MAIN CONFERENCE

- 2 Keynote speech,
- 15 parallel oral sessions/symposia/workshops,
- 2 poster sessions
- Closing Ceremony

SEP 25

Monday

POST-CONFERENCE WORKSHOPS

SEP 26

Tuesday

POST-CONFERENCE WORKSHOPS

ORGANISER



Recoup Health

CO-ORGANISERS



Indian Myopain Society



Indian Ergonomics School



International Ergonomics School

SUPPORTING ORGANISATIONS



Federation of Indian Chambers of Commerce & Industry



International Ergonomics Association



International Myopain Society



International Commission on Occupational Health



Indian Society of Ergonomics



Indian Society of Lifestyle Medicine



Indian Association of Occupational Health



Indian Rheumatology Association



All India Occupational Therapist Association



Indian Association of Occupational Health Karnataka



THEME: “Prevention of Musculoskeletal Disorders and Work Disability in the New Ways of Working”

SUB-THEMES:

PREMUS

- Impact of the Covid-19 pandemic on WRMSDs
- Work-ability and Long Covid symptoms
- Return to work (RTW) in highly physically demanding jobs
- Guidelines regarding the new ways of working, especially for jobs with a high level of physical proximity (different physical layout and new shift schedules) in the post-pandemic period
- Prevention and management of MSDs in different work scenarios (traditional on-site, remote, hybrid)
- MSD risks and solutions for the “Gig” economy / socioeconomically vulnerable workers
- The impact of climate change on work and MSDs
- Mechanisms and models of MSDs
- Virtual assessment tools for risk factors of MSDs
- An economic evaluation of interventions to prevent or manage MSDs
- Prognosis of MSDs
- Role of lifestyle factors in prevention and management of WRMSDs
- Integrative medicine (Ayurveda, Yoga, etc.) in the prevention and management of WRMSDs

WDPI

- Public Policy and Economics
- Employer policies and practices
- Integration of clinical and occupational care
- Workplace interventions
- Psychosocial factors in return to work (RTW)
- Workplace factors in RTW
- RTW for specific patient populations (traffic injuries, cancer, mental health, chronic illness, etc.)
- Assessing functional capacity and readiness for RTW
- Special populations (aging, socioeconomic factors, precarious work, health care workers)
- Disability risk prediction and explanatory models
- Societal factors in work disability
- Insurance system interactions and work disability
- Individual Placement and Support / Supported Employment
- Telehealth / Telemedicine in WDPI
- Work disability prevention from a systems perspective
- Role of lifestyle factors in WDPI

MYOPAIN

- Risk factors, pathogenesis, diagnosis and management of Myofascial pain syndrome, Fibromyalgia Syndrome, and Soft tissue pain conditions in workers (Myopain Conditions)
- Effect of COVID-19 pandemic on Myopain conditions
- Onsite and Virtual management of Myopain conditions
- Work disability, prevention and integration in Myopain conditions

WHO SHOULD ATTEND?

PREMUS, WDPI, & MYOPAIN 2023 is targeted at delegates who share an interest in understanding the causes and prevalence of WRMSDs, as well as the evidence-based interventions that will prevent them and manage it to prevent disability.

Scientists, academics, and students

from a wide range of disciplines—human factors, industrial engineering, occupational health, occupational safety, disability prevention, health policy, epidemiology, economics, medicine, physical therapy, kinesiology, ergonomics, public health and more—whose research addresses musculoskeletal health issues

Clinicians

including physicians, chiropractors, osteopaths, physiotherapists, kinesiologists, occupational therapists, occupational health nurses, clinical psychologists

Ergonomists

workplace-based practitioners in occupational health and safety, disability management and return-to-work

Policymakers

in labour, health, public health, and workers' compensation

Advocates

for workers and injured workers

General Public & Media

with an interest in evidence-based approaches to identifying, measuring, treating, and preventing WRMSDs

All keynote speakers will be recognized for their leadership and international expertise. All scientific submissions will go through a peer-review process to ensure presentations reflect high quality research.

Submission Categories

- | | |
|--------------------------------------------|---------------------------------------------------|
| 1 Oral presentation
(10 minutes) | 5 Round Table
(90 minutes) |
| 2 E-poster
(3 minutes, 5 slides) | 6 Workshop
(3 hours) |
| 3 Lectures
(20 minutes) | 7 Pre-Conference
Workshop
(8 hours) |
| 4 Symposium
(90 minutes) | 8 Post Conference
Workshop
(8 hours) |

Important Dates

Abstract Submission Deadline

March 31, 2023

Abstract Acceptance Notification

April 30, 2023

Early Bird Registration Deadline

May 31, 2023

Deadline to Confirm Acceptance to Present

May 31, 2023

All proposals will undergo review by the Scientific Committee.





KEY AWARDS (UNDER EACH CATEGORY - PREMUS, WDPI, & MYOPAIN)

The best 3 oral presentations and posters would be given certificates.

Young Researcher Award for e-Poster Presentation (Eligibility: less than 40 years of age).

Student Researcher Award for e-Poster Presentation (Eligibility: Masters / PhD student).

Competitive Grants - Registration Fee Waiver for 5 students or applicants from low, and low- and middle-income countries (based on accepted abstracts).

Abstract proposals must be submitted via the conference website only. Proposals submitted by email or post will not be accepted.

Click here to

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& Workshops**



Click here to

**Register and Submit
your Abstract**



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Dr Deepak Sharan

Chairperson

Scientific Committee on Musculoskeletal Disorders,
International Commission on Occupational Health (www.icohweb.org)

President

International Myopain Society (www.myopain.org)

Organising Chairperson

The 11th International Scientific Conference on the Prevention of Work-Related Musculoskeletal Disorders (PREMUS), the 6th Work, Disability, Prevention and Integration (WDPI) Conference, and the 11th International Conference on Myofascial Pain Syndrome and Fibromyalgia Syndrome (MYOPAIN)